

Kingswood University
CHRISTIAN COUNSELLING PROGRAM (CC)
OBJECTIVES, MEASUREMENTS, & OUTCOMES
2022-2023

OBJECTIVE 1 – Christian Counselling students will exemplify competence and confidence in utilizing Christian counselling skills at an introductory level

Four counselling courses contain practical requirements conducted through the Kingswood Counselling Center using the technology facilities available for lab learning.

Benchmark: 90% of CC students will earn a grade of at least 80% (B-) in the practical portions of the counselling courses¹

Data:

	2019-2020	2020-2021	2021-2022	2022-2023
Percentage meeting benchmark	100%	100%	87.5%	100%
Number of courses	3	3	3	2
CC students enrolled in above courses	13	10	8	10

OBJECTIVE 2 – Christian Counselling students will develop a philosophy of Christian counselling which is Christ-centred and therapeutically relevant

Students develop a philosophy of counselling during the Introduction to Counselling course (PSPM 301). They are required to articulate it in the Final Case Study exam.

Benchmark: 90% of CC students will earn a grade of at least 80% (B-) in philosophy of counselling assignment

Data:

	2019-2020	2020-2021	2021-2022	2022-2023
Percentage meeting benchmark	100%	100%	100%	80%
CC students enrolled in PSPM 301	3	3	2	5

OBJECTIVE 3 - Christian Counselling students will engage in an ongoing a self-examination of personal preparation for an effective ministry in Christian counselling

Benchmark: 100% of CC students will identify areas of professional and personal counselling strengths and needs within each course

This was revised objective, initiated in the 2022-2023 academic year. Benchmarks have not been set and data has not been collected to date. See Action Steps below.

OBJECTIVE 4 – Christian Counselling students will demonstrate knowledge of basic counselling skills and theories

Students demonstrate their understanding of counselling skills through course presentations and testing, and through using the skills in practical lab experiences which are connected to courses.

Benchmark 1: 90% of CC students will earn a grade of at least 80% (B-) in content assessment assignments in the counselling courses²

Data:

	2019-2020	2020-2021	2021-2022	2022-2023
Percentage meeting benchmark	100%	100%	100%	100%
Number of courses	2	3	2	2
CC students enrolled in above courses	12	10	7	8

Benchmark 2: 90% of CC students will earn a grade of at least 80% (B-) in the practical portions of the counselling courses³

Data:

	2019-2020	2020-2021	2021-2022	2022-2023
Percentage meeting benchmark	100%	100%	87.5%	100%
Number of courses	3	3	3	2
CC students enrolled in above courses	13	10	8	8

OBJECTIVE 5 - Christian Counselling students will be prepared to serve in a local church or other counselling ministry setting

The Christian Counselling major and minor are not programs in professional psychology, nor are they terminal degrees for those who are pursuing licensure to practice, however they provide a step in that direction. Students must earn a master's degree to be eligible for licensure in the US and Canada.

Benchmark: 90% of CC students will successfully complete a counselling SME, and practicum experiences in related fields⁴

Data:

	2019-2020	2020-2021	2021-2022 to date	2022-2023
Percentage meeting benchmark, SME	100%	60%	100%	100%
CC students enrolled in MIN 425	6	5	1	1
Percentage meeting benchmark, practicum	85.7%	100%	100%	100%
CC students enrolled in Practicum in related field	7	7	1	1

OBJECTIVE 6 – Christian Counselling students will be prepared to continue their education by pursuing a master's level degree in counselling to position themselves for professional licensing for use in church-based ministry or community-based service

This data is gleaned through regular surveys of graduates as well as the collection of anecdotal evidence by the Program Director.

Benchmark: 50% of CC graduates will be accepted into a master's level degree program within five years of Kingswood graduation

Data:

	2016 graduates	2017 graduates	2018 graduates
Percentage meeting benchmark	20%	38%	33%
Total CC graduates	5	8	6

ACTION STEPS

The data addressed in this report comes from the “COVID-19 years,” each influenced by the pandemic and accompanying health and safety regulations in different ways. While this cannot be used as an excuse, it was a contributing factor to the overall student learning experience. Although 2022-2023 was a more ‘normal’ years, at Kingswood, the impact of COVID-19 was by no means over. Canadian border restrictions were not fully removed until October 2022 and some ministry sites only re-opened during the 2022-2023 year. Further, it should be noted that lower enrolment in programs and courses means that one student failing to meet a benchmark can significantly impact the percentage of students meeting a target. For this reason, the analysis of data looks at trends more than minute fluctuations.

While many of the benchmarks are being achieved, there are two areas which continue to need attention:

- Objective 3 is a revised objective for this program with a new benchmark. Measurements will be confirmed in 2023-2024 and the first data collected.
- In fall 2021 Kingswood started offering the Christian Counselling program fully online. One of the tasks for the coming year is to ensure these objectives are addressed in the online versions of the courses, and that similar or equivalent measurements are included.

¹ Introduction to Counselling (PSPM 301); Group Process (PSPM 305); Marriage & Family Counselling (PSPM 305); Crisis Counselling (PSPM 411)

² Comprehensive exam (PSPM 301); Team presentation (PSPM 305); PowerPoint Presentation (PSPM 411)

³ Introduction to Counselling (PSPM 301); Group Process (PSPM 305); Marriage & Family Counselling (PSPM 305); Crisis Counselling (PSPM 411)

⁴ Pregnancy Care Volunteer (P 201); Celebrate Recovery Volunteer (P 305); Peer Counselling/Mentoring (P 255); Counselling Service Assistant (P 307)